

## Women Empowerment: Need of modern era

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### Abstract

Empowerment of women is essentially the process of upliftment of economic, social and political status of women, the traditionally underprivileged ones, in the society. It involves the building up of a society wherein women can breathe without the fear of oppression, exploitation, apprehension, discrimination and the general feeling of persecution which goes with being a woman in a traditionally male dominated structure. Women empowerment refers to increasing the spiritual, political, social, educational, gender or economic strength of individuals and communities of women. Women's empowerment in India is heavily dependent on many different variables that include geographical location (urban / rural) educational status social status (caste and class) and age. This paper tries to highlight the status of women empowerment using various indicators like women's household decision making power, financial autonomy, freedom of movement, political participation, acceptance of unequal gender role, exposure to media, access to education, experience of domestic violence etc based on data from different sources.

**Keywords:** women empowerment, communities, movements

### Introduction

Swami Vivekananda, one of the greatest sons of India, quoted that, "There is no chance for the welfare of the world unless the condition of women is improved, and it is not possible for a bird to fly on only one wing."

Women empowerment is a prerequisite for creating a good nation. If a woman empowered her competencies towards decision – making will need to promote women empowerment among the rural women. Empowerment includes higher literacy level and education for women, better health care for women and children equal ownership of productive resources, their rights and responsibilities, improved standards of living and acquiring empowerment include, economic empowerment social empowerment and gender justice that is to eliminate all types of discrimination against women and the girl child.

### Means of women empowerment

- **Education:** Without proper and adequate education, women cannot become empowered individuals. They need to be encouraged to go for higher studies so that they can contribute significantly in the creation of a knowledge society
- **Communication Skills:** Without developing skills for effective communication, women cannot make their voices heard. It is essential for them to communicate effectively to become successful. As leaders, they need to put across their points to the people so that a family, team or company can be effectively managed.
- **Disposable Income:** Women need to earn well to have their say in important financial decisions governing their lives. Being financially independent gives women power over lives and also contributes to the growth of businesses.
- **Power of Internet:** Access to the internet has opened the floodgates of knowledge and awareness and increased social interaction reach and influence of women. The liberalizing influence of the World Wide Web has broken all taboos, myths and misconceptions regarding women.

Women Empowerment itself elaborates that Social Rights, Political Rights, Economic stability, judicial strength and all other rights should be also equal to women. There should be no discrimination between men and woman. Women should now there fundamental and social rights which they get once they born.

- There should be respect and dignity towards Women.
- Have total independences of their own life and lifestyle inside the home and also outside at their work.
- They should make their decision, by their own choice.
- They should have a high social respect in society.
- They have equal rights in society and other judicial works.
- They should not be discriminated while providing any type of education.
- They should select their own economic and financial choices by their own.
- There should not be any discrimination between woman and man while giving jobs and employment.
- They should have safe and secured Working location with proper privacy.

### Benefits of women empowerment

Women empowerment adds to confidence of women in their ability to lead meaningful and purposeful lives. It removes their dependence on others and makes them individuals in their own right.

- They are able to lead their lives with dignity and freedom
- It adds to their self esteem
- It gives them a distinct identity
- They are able to gain positions of respect in society
- As they are financially independent they are able to spend on all their needs and desires
- They are able to make meaningful contributions to the well-being of society
- They act as capable citizens to make the country achieve enhanced Gross Domestic Product (GDP) growth

- They get fair and equitable access to resources of the country

### **Conclusion**

Women Empowerment helps to make the society and world a better place to live in and march forward on way to inclusive participation. It means increase happiness for the family and the organizations where women make a difference.

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